

Dt : 6/12/2021

Dear Parents,

Greetings ...

As you are aware how the physical activity is important for the child for their cognitive and Kinesthetic development. Regular physical activity can help children and adolescents **improve their fitness** and control weight. There are so many reasons why dance is important to the health. Dance burns calories, strengthens muscles, improves balance, increases flexibility, and gives the heart a good workout.

Keeping these terms in mind Tripada Multicourse Academy is going to start Dance activity in the form of Dance Class in the evening at Tripada English School Campus as per the details given below :-

Days	Timings	Age Criteria	Dance Forms	Fees
Monday, Wednesday & Friday	6:00 pm to 7:00 pm	8 years above	Bollywood and Semi Classical	750/- per student

Faculty :- Ms.Nandini Pandya

Bachelor in Performing Arts (B.Pa) **specialization with Kathak** from M.S.University, Baroda.

Specialized in Bharatnatyam, Western and Folk. Gold Medalist in World Dance Cup in Canada. Represented India in World Dance Congress, Athens, Greece. Choreographed Malaika Arora for the Event name 'Rang' held in USA.

The batch will start from 15th December 2021. Interested students can register their name as soon as possible at Tripada English School, Accounts Office between 9:00am to 12:00 noon.

Principal